

Weight Loss Helpers

Harmony & Health

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Quality Products for Health
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Most who have weight issues need assistance to get on track. They have been trying on their own, but without reaching their goal. Safe, natural weight loss aids do exist. Choose what benefits your specific need, choose quality and use daily. Some good Nature's Sunshine products to choose from are:

Ultra Therm is designed to increase the rate that the body burns calories and breaks down fat. **Ultra Therm CF** is caffeine-free.

Stixated is a drink mix that promotes a feeling of fullness and helps regulate food cravings between meals.

Sweet FX promotes a slower absorption of glucose from sugars. As it gives a calming effect without causing drowsiness, it is helpful for dealing with stress that has led to weight gain.

Garcinia Combination decreases the appetite and utilizes carbohydrates for energy.

MetaboMax PLUS helps reduce fat stores by increasing metabolism to burn up the fat. It supports weight loss through increased energy & appetite suppression. **MetaboMax FREE** is caffeine-free and best for those with high blood pressure or cardio issues.

Fat Grabbers® helps to bind dietary fat molecules inside the intestinal tract before they can be absorbed into the bloodstream.

Carbo Grabbers® prevents the digestion of starchy carbohydrates and reduces the available calories that your body may otherwise convert to fat. Take as needed with meals high in refined carbohydrates, such as pasta.

CLA (Conjugated Linoleic Acid) helps with fat reduction. An essential fatty acid important to the body, it can help modify body composition by sustaining lean muscle tissue. CLA may also help maintain healthy cholesterol levels.

7-Keto™ a safe, natural metabolite of DHEA, influences the thyroid & may get you off the weight loss plateau.

Nutri-Burn™ is a meal replacement that reduces the amount of calories you eat; providing essential vitamins, minerals, fiber and 25 grams of protein with no caffeine or ephedra. Available in chocolate and vanilla.

Important: The information is for educational purposes only. It is not intended for diagnosing or treating diseases. If you have a serious illness we recommend you consult a competent health practitioner before beginning a course of treat-

Help Your Body Stay Healthy with Natural Remedies.

