

Diabetes

Harmony & Health

Your Natural Health Center
220 East Chestnut St. Corydon, IN 47112
(812)738-LIFE(5433)
Quality Products for Health
www.harmony.mynsp.com
www.harmony4health.com
www.facebook.com/harmony4health

Diabetes is a problem with insulin, a hormone made in the pancreas; as well as a deterioration of circulation. Insulin allows the body's cells to use glucose or blood sugar as fuel. There are two types of diabetes: 1. Type I - when the pancreas is damaged and can't produce insulin. Requires regular insulin monitoring & shots. 2. Type II - when the cells are resistant to insulin causing the pancreas to overproduce it. This type develops slowly and can be helped by nutrition and changes in life-style, such as exercise and weight loss.

Some Supplements which may help reduce insulin resistance are:

- **Sugar-Reg** helps support normal blood sugar levels and supports the liver & pancreas.
- **ProPancreas** is designed to improve the health and functioning of the pancreas as well as lower the blood sugar.
- **PBS** designed for diabetics to help pancreas produce insulin and lower blood sugar levels. It also acts as an overall tonic for the body.
- **Nopal** helps the pancreas and liver to regulate the blood sugar levels in the body. It helps the body be more sensitive to insulin.
- **Target P-14** aids in insulin production.
- **Blood Sugar Formula** contains gymnema which blocks sugar absorption in the intestines.
- **Co-Q10** helps circulation and energy production at the cellular level.
- **Chromium GTF** helps maintain normal blood sugar levels. Helps hypoglycemia & diabetes.
- **BerberineIR** helps support healthy blood glucose levels and also, healthy gut health.

Important: The information is for educational purposes only. It is not intended for diagnosing or treating diseases. If you have a serious illness we recommend you consult a competent health practitioner before beginning a course of treat-

Help Your Body Stay Healthy with Natural Remedies.

