

# Antioxidants: Anti-aging, Healing, Anti-inflammation

## Harmony & Health

Your Natural Health Center  
220 East Chestnut St. Corydon, IN 47112  
(812)738-LIFE(5433)  
Quality Products for Health  
[www.harmony.mynsp.com](http://www.harmony.mynsp.com)  
[www.harmony4health.com](http://www.harmony4health.com)  
[www.facebook.com/harmony4health](http://www.facebook.com/harmony4health)

Think of Antioxidants as the firefighters that keep oxidative stress and inflammation under control. Supplementing your diet with extra antioxidants is one of the best things you can do to reduce your risk of heart disease, cancer, dementia, and other degenerative diseases associated with aging.

**Thai-Go** is a tasty fruit drink with a certified high ORAC (ORAC is a measure of antioxidant capacity) as well as bioflavonoids which enhance vitamin C absorption and help maintain collagen and capillary walls. Thai-Go's combination focuses on reducing inflammation & boosting immune.

**Super ORAC** gives all the benefits of Thai-Go in capsule form. Two capsules provide 150 mg polyphenols in a blend of green tea, mangosteen, turmeric, quercetin, resveratrol, acai, selenium, & more. Combines 8 antioxidants to reduce free radical damage and protect your body from the fires of inflammation.

**Blood Pressurex** provides potent antioxidant properties & supports blood vessels.

**Perfect Eyes** supports the circulatory system and the macular region of the eye and total eye health while fighting free radical damage.

**Vitamin E Complete w/Selenium** protects against free radicals and supports the circulatory system.

**\*\*Don't forget your diet**—antioxidants are found primarily in fruits & vegetables. You need 7-9 half-cup servings of these foods every day. Sadly, the average American gets only one and a half servings daily. Eat better!

**Important:** The information is for educational purposes only. It is not intended for diagnosing or treating diseases. If you have a serious illness we recommend you consult a competent health practitioner before beginning a course of treat-

*Help Your Body Stay Healthy with Natural Remedies.*

